



From Knee to Heart at the 2019 San Francisco Dance Film Festival

FILM
SAN FRANCISCO

Wed, November 06, 2019
4:30 pm

Venue
Delancey Street Screening Room,
600 The Embarcadero, San
Francisco, CA 94107

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Admission
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More information
[San Francisco Dance Film Festival](#)



The 2019 San Francisco Dance Film Festival showcases a documentary portrait of Spanish dancer and choreographer Sol Picó.

FROM KNEE TO HEART



- Directed by Susanna Barranco, Spain, 2018, 80 minutes. [Watch trailer](#). Original title: *De rodillas corazón*.
- Introduced by *Choreoscope Barcelona* Festival Director Loránd János.
- Preceded by two short films: *9241* by Marta Romero Coll, and *Irøn Modvm* by Derek Pedros. Followed by Q&A with Sol Picó.

The documentary film follows dancer [Sol Picó](#) from under the spotlight to her reality behind the scenes. It zooms in on the artist's more personal



side: the difficulties of growing up as a dancer, the adversities of artistic creation and how to confront the challenges of a career after turning 50.

ABOUT THE SAN FRANCISCO DANCE FILM FESTIVAL

The 2019 SFDFFF program contains both feature length films and curated collections of short films. Each program highlights the power of dance to tell a compelling story.